

Bio for MCSL Hall of Fame

Coach Flaherty says he is thankful “to God for allowing him to coach for 40 years. Despite my many mistakes, I am thankful that God has blessed my swimmers & coaches with a lot of success”

PROMOTING SWIMMING IN GENERAL

Guest appearance on a TV talk show “College Athletics and You”

Several times interviewed as a guest on radio talk shows about the benefits of athletics for young people

USA SWIMMING

A swimmer who spent 4 years with JFD went on to win a Gold medal at the 2016 Olympics

A dozen who have gone from the JFD stroke clinic to Olympic Trials

14 who have made top 16 ranking in the USA

2 swimmers nationally ranked # 1 in the USA in two strokes

Received the Doc Counsilman Creative Coaching Award from the American Swim Coaches Association at the World Coaches Convention

Made a presentation at the World Coaches Convention

PVS SWIMMING

In 2011, 4 graduates of the JFD stroke clinic were PVS outstanding Swimmers in their various Age groups

Zone Coach 4 times Twice as head coach

Three swimmers had Eastern Zone 1st place finishes

JFD SWIMMING

In 2013, his JFD team had 30 MCSL Individual All Stars,

3 First place county individual Champions

For many years, JFD has outscored all teams its size

COACHES TRAINING

JFD techniques are so respected in this county that we annually trained

About 50 new coaches for JFD and various summer league pools.

Coach Flaherty received the small business award for his program that trains future coaches how to excel in their jobs.

SUCCESSFUL BUSINESS EMPLOYING 90 COACHES ANNUALLY

JFD has grown every year since 1996, and received a letter from the United States Senate recognizing JFD for stimulating the economy by expanding and giving so many employees a chance to prosper in their employment.

HIGH SCHOOL SWIMMING

Coached Good Counsel for 7 years

His last 4 years as Metro Champions

His last 6.5 years undefeated

One year His Falcons Won first place at every event at the Prep School Relays

FLOWER VALLEY SWIM TEAM

Flaherty was part of 6 FV "A" DIVISION CHAMPIONSHIPS

He kept FV in A Division for 22 of his 25 years as coach

And set up the system that kept them there another 9 years after he was gone.

Under his inspiration, FV was undefeated in B meets for 16 years, and many more years after he left

IN 1998 FV had

FOURTY TWO 15-18'S ON THE TEAM

254 MEET SWIMMERS PLUS 90 ON PRE-TEAM

MANCHESTER FARM SWIM TEAM

Took Manchester Farm from N division to B Division in 5 years
from 60 swimmers to 200+ swimmers

COACH FLAHERTY'S PHILOSOPHY OF COACHING

has impacted thousands of swimmers & coaches

Have an Impossible Dream

Dare Greatly to achieve it

And Don't Quit until you do

WHO INSPIRES COACH FLAHERTY?

Doctor James Dobson and Focus on the Family

Fellowship of Christian Athletes

His amazing swimmers !!!!!!!!!!!!!!!!!!!!!

Their amazing parents !!!!!!!!!!!!!!!!!!!!!

A TESTIMONY TO THE LIFE LONG IMPACT OF COACH FLAHERTY

When Coach Flaherty considered purchasing the house right across the street from the Quince Orchard winter bubble, his alumni rallied to support this as they know how much it would mean to Coach Flaherty's current & future swimmers

Donated / discount services were coordinated by real estate agent Thomas Powers To help Coach with the purchase of the JFD house.

Coach Flaherty's alumni / current swimming families donated / greatly discounted the following services

Finance Company	Home inspection agent
Electrical upgrades	Window replacement
Landscaping	Tile research
Painting	Furniture
Recreational equipment	

HIS KEY TO SUCCESS

has been the ability to find / develop top level coaches

He wants to thank those who helped him build his programs in the early years

Ingrid Jensen	Ralph Mariani
John Polous	Tara Zimmerman
Cathy (Cuddeback) McMillion	Meg (Cuddeback) Vaughn
Chris Mann	Beth (Mann) Jardelezza
Geoff Sipes	Lisa Sheskin
Dave Huband	Mike Huband
Jim Crocker John Crocker	Dave Crocker
Katie Haverkos	Mike Herberg

As well as those who are currently building upon the foundation laid

Shannon English	Kyle Brown
Boris Cicmil	

THROUGH IT ALL

Coach Flaherty wants to thank his family who has supported him in many, many ways, especially to Jackie Flaherty, who has been quite a noticeable character at swim meets for every one of the past 49 years.

JFD CAUSES

After so many years of struggling to build a program, JFD is now financially secure, and able to donate to worthy causes, where many JFD people actually go or have gone and are part of established on-going efforts where progress is slow, the work hard, but over time, lives are being transformed.

- 1 The Lord's Table A local soup kitchen (at St Martin's Church in Gaithersburg) Donations can be made at any time. Our key days to attend are the Friday of Thanksgiving break and Dec 24th
- 2 CLC School A local private school where many JFD swimmers / coaches attend or have graduated
- 3 Rancho 3M An orphanage in Mexico where over 100 JFD swimmers / coaches / relatives have gone for many, many years.
- 4 Water for Uganda A project in Uganda where, year after year, a few JFD alumni have been part of a trip to dig wells and so much more
- 5 Rockville
Pregnancy Center Where incredible help of all kinds is given to mothers and babies in need
- 6 Mission of Mercy Provides free medical help to those who have fallen thru the insurance cracks
- 8 Fellowship
Of Christian Athletes Many resources to help make coaches better
- 9 Crossroads Freedom
Center A local ministry that provides housing, jobs, accountability, and much practical help to recently released prisoners
- 10 Various short term
projects in the USA
and other countries As JFD swimmers / coaches / alumni ask, JFD supports.